



EMPOWER :: ACHIEVE :: INSPIRE

KIDMOTION: School Year 2017-18

September 4th – June 30th

Prices Pro-rated based on start date.

Family Membership Cost: \$35.00 Annually

For more information or to enroll your child in classes, please contact Miss Danielle at dmaught@pmchag.com or on Facebook at: Danielle Pmchag

Adaptive Classes

*A licensed therapist will be assisting and adapting activities in the adaptive classes for each child on an individual basis.

Mighty Movers (3+ years) Adaptive Dance and Sports Skills Combination. Wed. 3:30pm, Thurs. 12:30pm

Early Enrollment: \$80/month, Standard Enrollment \$85/month

Class length is 45 minutes

Parent/Child Classes

From infant to toddler, these classes promote early development and provide a strong foundation for your child's critical first three years. Parents will be taught spotting skills to promote skill growth and create a fun atmosphere for both parent and child.

Rockin' Rollers (5-12 months) Thurs. 9:15am, Sat. 9:00am

Early Enrollment: \$40/month, Standard Enrollment \$45/month

This Rockin' Rollers class helps to both physically and emotionally start your child on the right track, while also introducing you to other new mommies! Class length is 45 minutes.

Tumbling Tots (12-21 months) Choose one class time: Mon. 4:15pm*, Tues. 9:30am, Thurs. 10:15, Sat. 9:45am

Early Enrollment: \$60/month, Standard Enrollment \$65/month

Once walking, your child will be on a whole new journey in the gym! This tumbling class will allow your child to learn and play in a safe and fun environment! Class length is 45 minutes.

Beaming Balancers (21mo - 3yrs) Choose one class time: Mon. 4:15pm*, Tues. 10:15am, Fri. 10:15, Sat. 10:30am

Early Enrollment: \$60/month, Standard Enrollment \$65/month

Our beaming balancers will learn more about movement and strength while we help prepare them to be pre-schoolers! Class length is 45 minutes.

Pre-K Classes

New Moves (3-5 years) Choose one class time: Mon. 5:15pm*, Tues. 11:15pm, Thurs. 4:15pm*

Early Enrollment: \$60/month, Standard Enrollment \$65/month

This transitional program is focused primarily on the fundamentals of movement and rhythm while becoming more independent!

Class length is 60 minutes.

Juniors (3-6 years) Choose one class time: Mon. 5:15pm*, Thurs. 11:15pm, Thurs. 4:15pm*, Sat. 12:15pm

Early Enrollment: \$60/month, Standard Enrollment \$65/month

The preschool and kindergarten gymnastics classes help your child channel their boundless energy while making strides in their physical development! Class length is 60 minutes.

Specialty Classes

Almighty All Stars (3-6 years) Choose one class time: Wed. 4:15pm, Fri. 11:15am

Early Enrollment: \$60/month, Standard Enrollment \$65/month

The sports skills class is an opportunity for children to learn sports skills step by step. We will review rules of the sports and work with the children in a team setting teaching sportsmanship along the way.

Class length is 60 minutes.

Spirit Squad (4–8 years) Choose one class time: Thurs. 5:15pm, Sat. 11:15am

Early Enrollment: \$60/month, Standard Enrollment \$65/month

This class is aimed to help build the confidence and skills that it takes to be a cheerleader! The children will learn sideline cheers and chants while increasing their flexibility and stunting abilities!

Class length is 60 minutes.

Ninja Moves (4–8 years) Choose one class time: Wed. 5:30pm, Fri. 11:15am

Early Enrollment: \$60/month, Standard Enrollment \$65/month

This Ninja skills class will not only contain obstacles and speed but will focus on getting the body in movement while safely learning how to free run, vault, and do parkour skills that will test your child's agility and strength!

Class length is 60 minutes.

Grade School Classes:

Gymnastics classes for the grade school kids are segmented to allow for skill growth at any level. Each new achievement leads to new found confidence, determination and a desire to continue improving gymnastics skills!

Grade School (6–12 years) Choose one class time: Mon. 6:15pm (Inter/Advanced), Thurs. 6:30pm (Beginner/Inter)

Early Enrollment: \$60/month, Standard Enrollment \$65/month

This grade school gymnastics class is segmented to allow for skill growth at any level. We will work with each child to conquer each skill at their own pace! Class length is 60 minutes.

Special Events:

Sensory Open Play

Tues. 4–6 pm: \$5 Members, \$10 Non-members

**Flex pass cards are also available for Non-members (5 days/\$25, 10 days/\$75, 20 days/\$140)

Kids Night Out

Select Fridays: \$30 Members, \$35 Non-members. Discount available for multiple children.

Mommy & Me Paint Night

Select nights: \$30 for each child/parent pair

Yoga Night

Select Thursday and Friday evenings

Birthdays:

Royal Birthday Party:

2 hours: \$250.00 (Member discount \$25)

– 2 hours of exclusive use of The Pediatric Movement Center gym including rock walls, play structures, gymnastics equipment, sensory swings, and inflatable air floor.

– Themed games and activities led by our birthday party staff!

– Rainbow decor including tablecloths, cutlery, plates and cups. **If you would like themed decor, please provide those items**

– Up to 20 children included **If you have additional children, please discuss with Miss Danielle.

Blowout Birthday Party:

1 hour 30 minutes: \$200.00 (Member discount \$15)

– 1.5 hours of exclusive use of The Pediatric Movement Center gym including rock walls, play structures, gymnastics equipment, sensory swings, and inflatable air floor.

– Games and activities led by our birthday party staff!

– Rainbow decor including tablecloths, cutlery, plates and cups. **If you would like themed decor, please provide those items**

– Up to 15 children included.